

November 2021 Cook Book

November 3rd Spring Rolls

- 5 clove garlic, minced and separate
- 1 carrot, grated
- 1 cup bean sprouts
- 1 and ½ cups chopped green beans
- 1 lb. ground pork or chicken
- 1 tablespoon soy sauce
- 1 teaspoon sugar
- 1 tablespoon fish sauce
- 1 onion, chopped
- 1 tablespoon cornstarch
- 2 tablespoons canola oil, plus 1 cup for frying
- 1 teaspoon salt
- 1 teaspoon pepper
- 3 tablespoons white vinegar
- 1 package of spring roll pastry
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November 10th Monkey Bread

- 3 packages refrigerated biscuit dough
- 1 cup white sugar
- 2 teaspoons ground cinnamon
- ½ cup margarine
- 1 cup packed brown sugar
- ½ cup chopped walnuts (optional)
- ½ cup raisins

November 17th Homemade Chicken Balls

- 2 lbs. boneless skinless chicken, cubed
- 1 cup flour
- 2 teaspoons baking powder
- 1 teaspoon salt
- 2 eggs
- 2/3 cup milk
- 1 tablespoon oil
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November 24th Turon (Banana Spring Rolls)

- 6 pieces bananas (Burro or Plantain)
- 1 cup jackfruit ripe, sliced (optional)
- 1 and ½ cup sugar
- 12 pieces spring roll wrappers
- 2 cups of cooking oil