

WBYOS WEEKLY

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EXPERIMENT TIME

Experiments Galore

https://www.sciencefun.org/ kidszone/experiments/dry-erase/

RECIPE OF THE WEEK

Chicken Alfredo For The Family

<u>Lighter Chicken Fettuccine Alfredo Recipe</u> |

Alfrecipes

Try out this delicious snack

Enjoy!

Toilet Paper Roll Organizers

https://www.apartmenttherapy.com/5-ways-you, -can-organize-with-toilet-paper-rolls-really-238826

EXERCISE OF THE WEEK

Steps

Use stairs, a stepper, or the outdoors to get 50,000+ steps in a week.

WACKY ACTIVITY

Just Dance

Create your very own dance using a combination of at least 3 different dance moves.

42nd WEEK BONUS?!!?

Memory Lane

Have the family look at old family photos together.