

- EXPERIMENT GALORE -

EGG IN A BOTTLE!

- WEEKLY RECIPE -

CHILI-CHEESE-MAC-N-CHEESE

- SOMETHING NEW 4 YOU -

SWITCH YOUR SHOES AROUND AND TRY
TO WALK IN THEM,
(WEAR THE LEFT SHOE ON YOUR RIGHT
FOOT AND THE RIGHT SHOE ON YOUR
LEFT FOOT)

- EXERCISE OF THE WEEK -

SUPER FUNNY KIDS WORKOUT

- WACKY ACTIVITY -

TAKE A PICTURE OF YOUR FAMILY
MEMBER MAKING A FUNNY FACE

- 76TH WEEK BONUS?!? -

ENJOY THE OUTDOORS THIS WEEK! GET OUT AND
GO FOR A WALK, GO TO A PLAYGROUND, SPEND
TIME IN YOUR BACKYARD!

WBYO'S WEEKLY CABIN FEVER 5 - WEEK 76 -

