

## Annual Staff Report June 2014-June 2015

### WBYO Programs

WBYO is a life skills program that is camouflaged as a drop-in recreation geared towards youth aged 4-12 in the West Broadway area & beyond. We provide year round, free after-school & summer programming in a safe, fun & nurturing environment.

WBYO ensures that local children have opportunities to learn and grow in an atmosphere where their basic emotional, social & educational needs are met and supported by positive role models.

*Mission:* Provide a safe, fun and caring environment where children are provided opportunities to learn and grow. Free structured programming and positive role models instill a sense of accountability, teach life skills, encourage positive behaviour and support children towards achieving their infinite potential.

*Vision:* Children realizing their potential

### Expectations of Each Participant

- Treat others the way you want to be treated
- Use appropriate language
- Keep your hands and feet to yourself



### Introducing Staff as of June 2015:

The longevity of staff has provided stability to WBYO's programming for over 20 years. Our team this year is as follows:

**Director - Ken Opaleke (23 years)**  
**Assistant Director – Ray Eskritt (1.5 years)**

### **Administration:**

Val Heide: Bookkeeper (4 years)

### **Youth Workers (School Year)**

Emilie Anderson-Gregoire  
Mathletes Coordinator (8 years)

Brent Tapley  
Youth Worker (5 years)

Brontee Gray  
Academic Coordinator &  
Book Jam Coordinator (4 years)

Mathew Lacosse  
Dreams Coordinator &  
Boy's World Coordinator (1 year)

Rachel Ort  
Girls' World Coordinator &  
Music Coordinator (6 months)

Quennel Miller  
Youth Worker (6 months)

Nicholas Taylor  
Dreams Assistant (6 months)



### **Youth Workers (Summer of 2015)**

Irlanda Gomez  
Emily McDougall  
Christina Hajjar  
Rachel Ort  
Quennel Miller  
Mathew Lacosse  
Emilie Anderson-Gregoire

### New Programs Added in 2014-2015

#### Dreams Mini-MD Club

An off-shoot of the Dreams Program, Mini-MD Club provided 5 youth with the opportunity to get hands-on experiences with the medical field. Led by Dr. Norm McLean (former participant, WBYO staff and board member), youth were given tours of hospital units, learned how to set and cast broken bones, take a patient's vital signs and use ultra-sounds and x-rays. The Club ran for 6 months, and will end with a Graduation Ceremony wherein each child receives a monogrammed white Doctor's Coat on June 17<sup>th</sup>, 2015.



#### Dance Club

A physical literacy program that teaches dance moves and rhythms from all over the world. Youth are led by volunteer instructors who guide them through basic motions and explain a little about the dances' history. Volunteers have covered dances such as: belly dance, hip hop, modern dance, hula hooping and pow-wow dances.

#### Movie Book Club

An incentive program focused on reading. Youth have one week to read the chosen book that has been adapted into a film and submit a book report. The youth must then answer ten questions about the book. If they pass the 10 question quiz, they are then invited to attend the movie in theatres with unlimited popcorn and drinks. If the movie is out of theatres, youth are invited to a Movie Sleep-Over with staff to watch the movie.

#### Guitar Lessons

Volunteer musicians teach interested youth guitar basics with one-on-one and group lessons on Tuesday evenings. Youth are provided with guitars to practice with and learn how to read music, how to play chords and strum their favourite songs from the radio!

#### Boxing Club

Ken teaches dedicated Homework Kids the basics of boxing. Together they work out, de-stress and beat up on the bag! Program runs on Friday evenings and Sunday mornings and requires a special permission slip.



### Programming for 2014/2015

*School Session: September - June*

#### **MONDAYS**

3:30-8:30pm

#### **Computers, Bookworms- 3:30pm - 6pm**

Bookworms is a literacy program that takes place in our space on the second floor of the Crossways building. Kids come by after school and read independently or with staff or volunteers. Every book read is logged and every 10 book read gets them an invite for our monthly Bookworms outing. They may also play with any of the toys, games or computers we have in our space!

#### **Homework Club- 3:30pm - 6pm**

Homework Club is where kids can bring any school work they have been given (they can and are encouraged to ask their teachers for extra work!), and have a space with snacks, supplies and tutors to help them with their work. Homework kids get spoiled at WBYO with treats, outings and anything else we can think of!

#### **Piano Lessons- 4pm- 8pm**

Private lessons for 30 minutes each; culminating in an annual Piano Recital in May. There is currently a waiting list.

#### **Dance Club- 6pm - 8:30pm**

A physical literacy program that teaches dance moves and rhythms from all over the world. Youth are led by volunteer instructors who guide them through basic motions and explain a little about the dances' history.



**Small Time Fun Pack- 6pm - 8:30pm**

This program is geared towards the 4 -7 age group held at the Gordon Bell High School gym. We walk with the kids from the centre to the school back and forth. Older children are welcome to join keeping in mind that the day is for the younger group. There are often a large number of older children that come on a regular basis and often help the younger ones play gym games. We play games like Frozen Tag, Ghostbusters, Simon Says, Everybody's It, Snatch the Chicken etc. As always, all games played are chosen and voted on by the children!

**Board Game/Movie Sign Out- 3:40pm - 8:30pm**

Kids are encouraged to sign-out any of our collection of board games/movies for a week with a permission form signed by their parent/guardian

**TUESDAYS**

3:30-8:30pm

**Family Bingo/Family Movie- 4pm - 5:30 pm**

Bingo is fun for everyone because no one leaves without winning something!

We watch family-oriented movies at our centre. All the movies are rated G/PG and are voted on by our kids!

**Mathletes- 4pm - 5:30 pm**

Mathletes seeks to remove the stigma from math activities and provide an enriched learning environment based on the Manitoba Math Curriculum. Earn Ken Bucks and buy prizes from the WBYO Prize Catalogue created for Mathletes. (Prizes include candy, books, bikes, Ipods etc...)

**Jam Session- 5:30pm-7pm**

Kids get the opportunity to learn about different instruments through free play, circle and special music performances.

**Yoga- 7pm-8pm**

Volunteer professional yoga teachers come to instruct yoga at our centre! Namaste!

**Kids Laundry Night- 3:40pm - 8:30pm**

Kids are encouraged to bring in a small amount of their laundry to be washed during program hours. They are taught how to do their own laundry and laundry soap, dryer sheets and machines are provided free of charge.

**Guitar Lessons- 6pm – 9pm**

Volunteer musicians teach interested youth guitar basics with one-on-one and group lessons on Tuesday evenings. Youth are provided with guitars to practice with and learn how to read music, how to play chords and play their favourite songs from the radio!

**WEDNESDAYS**

3:30-8:30pm

**After School Program- 3:40pm – 4:45pm**

This program is held in the gymnasium at Mulvey school. We play games like change lines, doctor dodgeball, musical hoops and line-tag. All games played are chosen and voted on by the children!

**Dreams Program- 3:40pm – 6pm**

Dreams is a career mentorship program that provides youth with the opportunity to explore the infinite possibilities their future holds and supplies them with the tools to get there. Wednesday meetings are contain varied content including career information sessions, workshops and large group projects.

**Wii Wednesdays- 5pm - 6pm**

This program is held at our centre at Crossways and is a chance for homework kids (only) to unwind after school by challenging one of our awesome volunteers to any number of non-violent videogames on a BIG SCREEN TV prior to hitting the homework books.

**Homework Club- 6pm - 8:30 pm**

Homework Club (located at our centre) is where kids can bring any school work they have been given (they can always ask their teachers for extra work!), and have a space with snacks, supplies, and tutors to help them with their work. Homework kids get spoiled at WBYO with treats, outings, and anything else we can think of!



**Computer, Cook, Book and Board Games- 6pm - 8:30 pm**

Bookworms is a literacy program that takes place in our space on the second floor of the Crossways building. Kids come by after school and read independently or with staff or volunteers. Every book read is logged and every 10 book read gets them an invite for our monthly Bookworms outing. They may also play with any of the toys, games or computers we have in our space!

**The Yum-Yum Club- 6:30-8:30pm**

Kids are encouraged to join our amazing volunteer nutritional studies students as they instruct and prepare delicious and healthy meals for all the kids at our centre!

**THURSDAYS**

3:30-8:30pm

**Nails, Ponytails & Lego Mania - 3:40pm - 5pm**

Kids can come to WBYO Thursday afternoons for "give and get" manicures! Kids can even get their hair cut by volunteer hair stylists (please call us to schedule). We also pull out a giant box of 10,000 Lego pieces to play with.

**Crafts with Ray! - 3:40pm - 5pm**

Ray teams up with the kids to unleash their unlimited creativity! Projects have included: bookcases transformed into dollhouses and superhero hideouts, making bowls out of vinyl records, creating toilet paper dolls and making sock-topuses.

**Team Sports Night - 5:30pm - 8:30pm**

This program is geared towards the 8-12 year old age group. Younger children are welcome to join in and often do. We use either the field or the gym at Mulvey School. On these nights we play games like basketball, soccer, soccer-baseball, volleyball, baseball and floor hockey. As always, all games played are chosen and voted on by the children!

**FRIDAYS**

4-7pm

**Girls' World- 4pm-7pm**

Girls in grades 5-10 are welcome to join our Girls' World at our centre. Programming is self-directed by the girls and often offers exciting and empowering outings. Projects

**Book Jam- 4pm-7pm**

Exciting literacy program for youth looking to increase their literacy through games, crafts, cooking etc. in a fun, safe environment at our centre. Parents (as always!) are encouraged to join in!

**Boys' World - 4pm-7pm**

Boys' World invites young men aged 10-15 to participate in unique "Guys Only" activities. Programming allows participants to vote on each week's activity and has included; science experiments, sports games, skateboarding, movies, video games, cooking, and crafts.

**Boxing Club – 4pm -7pm (9am – 12pm Sundays)**

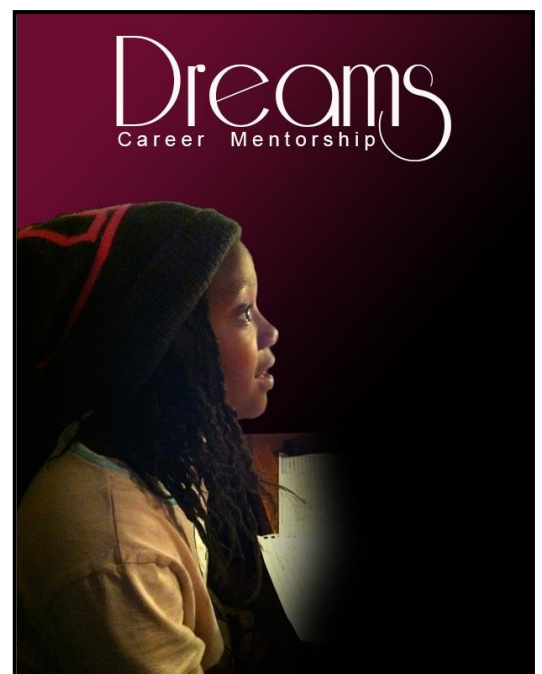
Ken teaches dedicated Homework Kids the basics of boxing. Together they work out, de-stress and beat up on the bag! Requires a special permission slip.

**Non Day Specific Programming:****Dreams Program Meetings**

Dreams is a career mentorship program that provides youth with the opportunity to explore the infinite possibilities their future holds and supplies them with the tools to get there. Dreams Program Meetings provide an opportunity for youth to have dinner with a mentor in their Dream career, or shadow a mentor for a day.

**Mystery Book Search**

An incentive program focused on reading. Two books are chosen (One in Easy-Readers and one in Novels). If a youth reads a chosen book to a volunteer, or submits a book report, the youth wins great prizes. Prizes are added each month the chosen book is not read.



## WBYO 2012-2013 Program Highlights

### Outings & Special Events!

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| <p>July 2014</p> <ul style="list-style-type: none"> <li>- Annual camping trip to Caddy Lake</li> <li>- Summer events</li> </ul> <p>August 2014</p> <ul style="list-style-type: none"> <li>- Summer events</li> <li>- Rotary Graduation</li> </ul> <p>September 2014</p> <ul style="list-style-type: none"> <li>- Back to School Dance</li> <li>- 1<sup>st</sup> Annual WBYO Dreams Festival at the Winnipeg Art Gallery</li> <li>- Movie Book Club launched</li> </ul> <p>October 2014</p> <ul style="list-style-type: none"> <li>- Run for the Cure- Girls' World</li> <li>- Manitoba Hero's Gala</li> <li>- Haunted Forest</li> <li>- Halloween Trick or Treat Outreach</li> </ul> <p>November 2014</p> <ul style="list-style-type: none"> <li>- Volunteer Appreciation Night</li> <li>- Free Eye exams with Armstrong &amp; Small</li> <li>- Family portraits for families</li> </ul> <p>December 2014</p> <ul style="list-style-type: none"> <li>- Annual Holiday Party</li> <li>- New Years' Dance</li> </ul> <p>January 2015</p> <ul style="list-style-type: none"> <li>- Sleigh Ride/Flying Lessons at Miracle Ranch</li> <li>- WBYO opens 2<sup>nd</sup> location, Dreams</li> </ul> | <p>Site at 561 Broadway</p> <ul style="list-style-type: none"> <li>- Boxing Club Launched</li> </ul> <p>February 2015</p> <ul style="list-style-type: none"> <li>- Annual Valentines Dance</li> <li>- Annual Volunteer Appreciation Wine and Cheese Night</li> <li>- Festival de Voyageur</li> </ul> <p>March 2015</p> <ul style="list-style-type: none"> <li>- Basketball and Floor Hockey tournament</li> <li>- Lawyers for Literacy</li> <li>- Boys' World begins 10 week Build Your Own Bike program</li> <li>- Dance Club is launched</li> <li>- Anansi Dance Studio's Performance in Honour of Maya Angelou, featuring Girls' World with proceeds to WBYO</li> </ul> <p>-</p> <p>April 2015</p> <ul style="list-style-type: none"> <li>- Spring break – Wheelies, Manitoba Museum/Touch the Universe, Towne 8 Cinema</li> </ul> <p>May 2015</p> <ul style="list-style-type: none"> <li>- WBYO provides 100 tickets to families to attend Kids Fest</li> <li>- Tito's Disguised Alumni Award Night featuring WBYO kids at the Winnipeg Art Gallery</li> </ul> <p>June 2015</p> <ul style="list-style-type: none"> <li>- Fifth annual 5ish Fun Run</li> </ul> |
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### Staff Goals for 2014-2015 were:

- ❖ Have 1000 people register for the 5<sup>th</sup> annual 5ish Fun Run
- ❖ Continue to remind our kids that their potential ends just beyond infinity
- ❖ Assist the Board in launching the Capital Campaign for a new space
- ❖ Fully launch and create interest in Mathletics Club
- ❖ Integrate Computer Programming into Girls' and Boys' World clubs

### Staff Goals for 2015-2016 were:

- ❖ Have 1000 people register for the 6<sup>th</sup> annual 5ish Fun Run
- ❖ Continue to remind our kids that their potential ends just beyond infinity
- ❖ Assist the Board in investigating a Capital Campaign for a new space
- ❖ Obtain secure and continued funding for the Dreams Site at 561 Broadway
- ❖ Build relationship with Great West Life who has shown interest in supporting WBYO



**Special thanks to our friends:**

- ABW Investments
- Anderson Family Visioncare
- Anthony Fernando
- Assiniboine Credit Union
- Balmoral Hall School
- Canada Summer Jobs
- Chew
- Child Nutrition Council of Manitoba
- Christmas Cheerboard
- Churchill School
- City of Winnipeg
- Communities 4 Families
- Complete Fitness
- Councillor Jenny Gerbasi
- Dignity Memorial
- DRC Inc.
- Ernst & Young
- Ecole River Heights School
- Edward Carriere Salon
- Food Fare Maryland
- Frontier College
- Government of Canada
- Horizons Learning Centre
- Virgin 103
- Illusion New Media
- Indrissa Turay
- Investors Group
- Into the Music
- Lea Marc
- Captial Ford Lincoln
- Manitoba Services Community Council
- MTS Future First
- Manitoba Public Insurance
- Manitoba Lotteries
- McLaughlin Capital Management
- Mulvey School Staff
- Modular Storage
- Mondetta
- Neighbourhoods Alive!
- Neptune Management Ltd.
- One Insurance
- Petals West
- The Province of Manitoba
- Polet Family
- Print Express
- RBC Royal Bank
- RBC Dominion Securities
- Rob Altemeyer MLA of Wolseley
- Red River Community College
- Running Room
- Scotiabank
- Spence Neighbourhood Association
- Shrine Circus
- Sussex Realty
- Starbucks (Graham and Kennedy Location)
- Stella's Café & Bakery
- St. Johns Ambulance
- Thomson Funeral Home
- United Way of Winnipeg
- Urban Green Team
- Youth in Philanthropy
- Wawanesa Insurance
- WAPSO-IFPTE Union
- West Broadway Development Corporation
- William F. White International Inc
- Winnipeg Children's Festival
- Winnipeg Fringe Festival
- Winnipeg Foundation
- Winnipeg Harvest
- Youth Agency Alliance
- Young United Church (Crossways in Common)
- YMCA
- Anonymous Donors

**\*\*\* And last but certainly not least, a HUGE THANK YOU to the children and families of West Broadway for allowing us the privilege of being a part of their lives\*\*\***

